



Adams Apple

January 17, 2014

Important Dates:

Monday, January 20 th	Make up Snow Day-We have school Drama Club 3:50-5:15pm
Wednesday, January 22 nd	Early Dismissal 3:20 Market Day Pick Up 6:00-7:00
Monday, January 27 th	Drama Club 3:50-5:15
Wednesday, January 29 th	Early Dismissal 3:20
Friday, January 31 st	Student Council Meets Next Adams Apple

IDOE Identifies FTCSC in TOP 6% Statewide
On Wednesday afternoon, the IDOE released the School Corporations Accountability Grades. These grades are based on graduation rates, achievement and growth, and college and career readiness. Grades are what the public uses to measure school success. The highest score is 4.0. For TWO CONSECUTIVE years there were only 18 school corporations out of 294 that have the highest rankings. FRANKLIN TOWNSHIP is among this elite group.

Whoop Whoop!!! Spelling Bee Winners!!

We are so proud of all our participants.

First Place: Kaitlyn Crawford

Second Place: Caroline Cribbs

Third Place: Gavin Johnson

Way to go!! Keep up the awesome work!!

CONGRATULATIONS!!!!!!

Miss West earned funding for "Sensory Overload" and Mrs.

Marlo earned funding for "We are Wild About Reading Comprehension and non fiction" through Donors Choose.

Enjoy the new goodies for your classroom!!!

Let's give them a hand!!

Check out our school page at DonorsChoose.org

DRAMA CLUB SCHEDULE UPDATE

Since we now have school on January 20th and February 17th, we will have drama club practice on those Mondays after school until 5:15

Parent Volunteer Night-February 19th 6-8pm

If you would like to come help the teachers with some projects, please come, work, hang out and have some fun with other parents!!

The Adams Scholastic Book Fair will be April 21st -25th. You will also be able to shop in the evening at the Spring Fling on the 25th

FTCSC Special Education Parent Night

Topic: Dollar Store Deals

Low Cost Ideas for Helping Your Child

Tuesday, January 28, 2014

6:00-7:30 pm

Dr. E.B. Carver Community Ed & Tech Center
(CTEC)

6141 S. Franklin Road

Park in the back by the football stadium

R.S.V.P. to Jennifer Lambert @

Jennifer.lambert@ftcsc.k12.in.us

Or

317-803-5059

*******REPORT CARDS COME HOME TODAY!!!!*******



Nurse's Notes

Welcome back to school. It was good to see our students on Monday! I have NOT been seeing flu like illness in the clinic since we returned; however, I know our state has had a big increase in flu activity since December. Because of this, I thought it would be nice to include the following article. It is not too late to get a flu shot or flu mist. Marion County Health Department (MCHD) has walk in clinics (M, R 8-4) and days you can make appointments (T,W, F). The closest MCHD location is 505 E National Ave, phone number 221-5700.

About... Influenza “the flu”

What is Influenza?

Influenza (flu) is a contagious illness caused by influenza viruses that infect the respiratory tract. The illness can be mild to severe and can be fatal in some people. Although anyone can become infected with influenza, the elderly, young children, or anyone with other health problems are at greater risk from developing more severe illness or suffer from the complications of influenza, such as pneumonia. Every year, more than 36,000 Americans die from influenza-related complications.

How is influenza spread?

Influenza is spread by respiratory droplets from close contact with infected persons or contact with contaminated surfaces or objects. Infection can occur when influenza viruses contact the eyes, mouth, or nose, and possibly through inhaling droplets from a sneeze or cough. Sometimes people may become infected by touching surfaces or objects contaminated with influenza viruses and then touching their eyes, mouth, or nose. Infected adults may be able to spread the virus to others about one day **before** they develop symptoms and up to five days **after** becoming sick. **That means that you may be able to spread the flu to someone else before you even know you are sick, as well as while you are sick.**

What are the symptoms of influenza?

Symptoms usually include: fever, chills, headache, cough, sore throat, muscle aches. Symptoms usually start about 1-4 days after being exposed and last 2-7 days.

How do I know if I have influenza?

A health care professional usually diagnoses influenza by looking at your symptoms. Sometimes your nose will be swabbed and tested for the influenza virus.

How is influenza treated?

Influenza is usually treated with fever reducers, throat or cough drops, water, and plenty of rest. If the diagnosis is made at the very beginning of the illness, a doctor may prescribe antiviral medication.

How can I protect myself from influenza?

The best protection is to get a flu shot every year before the flu season starts. Since influenza viruses change over time, it is important to get a shot each year. Each year the vaccine is remade to include the types of flu virus expected to cause illness during that flu season. The vaccine begins to protect you within a few days after vaccination, but the vaccine is not fully effective until about 14 days after vaccination. Good respiratory hygiene is important to prevent the spread of ALL respiratory infections, including influenza.

- Use your elbow or upper arm, instead of your hands, or a tissue to cover your mouth and nose or when you cough or sneeze. Immediately throw used tissues into the wastebasket.
- To clean your hands after coughing or sneezing, wash with soap and water, or clean with alcohol-based hand cleaner if water is not available.
- Avoid close contact with people who are sick.
- If you get influenza, stay home from work, school, and social gatherings. This will help prevent others from catching your illness and gives your body the rest it needs to recover.
- Try not to touch your eyes, nose, or mouth. Many diseases often spread this way.
- For additional information on influenza, please visit the Centers for Disease Control and Prevention (CDC) Web site at: <http://www.cdc.gov/flu/>.

(This article from Indiana Department of Health website <http://www.in.gov/isdh/22104.htm>)

Franklin Central Winter Cheer Clinic Registration

Who: Any K-8 grade girl

When: Saturday, February 1st 9-11:00am
Check in 8:30-9:00am

Where: FCHS-Freshman Academy Entrance

Cost: \$30 if registered by January 24th

**PLEASE CONTACT SCHOOL FOR A
REGISTRATION FORM 317-862-2065**

Pictures for Yearbook

A HUGE thank you to those of you that have already sent me some wonderful pictures for the yearbook.

Please remember to be taking pictures any time you are on field trips, at class parties, and any other time you are at Adams for a special class activity. I really appreciate having extra "photographers" to help me fill the yearbook with our students. All pictures should be sent to Sarah Poole at mrsjetfuel@att.net

Ella's Frozen Yogurt
Fairview & Hwy 135 or Emerson & Stop 11
Ellasfrozenyogurt.com

Ella's is proud of the hard work you've shown at school! Bring us your current report card and follow 3 simple steps.

1. Show us your current report card with all A's and B's or 3's and 4's. (Must be within 3 weeks of last grading period)
2. Get your FREE PARTY CUP from an Ella's Employee.
3. Create your favorite Frozen Yogurt Treat and Enjoy!

BOX TOPS FOR EDUCATION

It's Box Tops submission time! I'll be sending in all the Box Tops we've collected by March 1st. Our goal this year is to earn \$1,488.00. If you have Box Tops you still need to send in, here are some optional tips that'll make the submission process easier — they're helpful but not at all necessary:

- Bundle your Box Tops in bunches of 10 or 50. Please no expired Box Tops!
- Use a collection sheet —go to BTFE.com to download or look for one to come home.

Let me know the total number of Box Tops you're submitting.

Once we send in all the Box Tops, our school will receive a check from General Mills in April.

If you have any questions, feel free to contact me.

Thanks for all your help!

Bonnie Cripe

Bonnie.cripe@gmail.com

Residency and Educational Rights

If your family is in an extreme living situation such as: living in a motel, car, campsite, shelter, temporary housing, combined housing, public places, etc. you could qualify for a McKinney-Vento (homeless) Act.

Please contact your school counselor to discuss ways we can possibly help support your situation. Students who are in homeless living situation have the following rights:

Immediate enrollment in the school they last attended or the school in whose attendance area they are currently staying even if they do not have all the documents normally required at the time of enrollment;

Access to free meals and textbooks, Title I and other educational programs, and other comparable services including transportation;

To attend the same classes and activities that student in other living situations also participate in without fear of being separated or treated differently due to their housing situations.

Any questions about these rights can be directed to your school's Counselor.

By signing below, I acknowledge that I have received and understand the above rights.

Signature of Parent/Guardian/Unattached Youth

Date

Signature of McKinney Vento Liaison

Date