

Adams Apple

FTCSC Students...Prepared for Life's Possibilities!

FTCSC Mission Statement

Our mission is to install in all students a passion for lifelong learning and to inspire each one to contribute as a responsible citizen to the future of our interconnected world.

Phone 317-862-2065

Attendance Line 317-860-4288

October 31, 2014

Important Dates:

Monday, November 3	Drama Crew 3:50-5:00
Tuesday, November 4	Art Club 3:50-5:00
Wednesday, November 5	Drama Club 3:20-5:00 Buffalo Wild Wings Fundraiser On County Line Road
Thursday, November 6	Art Club 3:50-5:00
Friday, November 7	2 nd grade Book Parade 9:00
Saturday, November 8	Craft Fair 8:00-Noon
Monday, November 10	College Week
Tuesday, November 11	Picture Retakes Art Club 3:50-5:00 PTS Meeting 7:00 pm Media Center
Wednesday, November 12	Drama Club 3:20-5:00 Market Day Pick Up Day 6:00-7:00 Parent Volunteer Night 6:00-7:00
Thursday, November 13	Art Club 3:50-5:00
Friday, November 14	Custodian Appreciation Day Next Adams Apple sent home

Picture Retakes Rescheduled!

On November 11, Lifetouch will be at school to do picture retakes. Anyone who was absent, enrolled after Sept. 5, or would like to have their child's picture retakes will see a camera man on this day. If you would like to have your child's picture retaken, please send in the first set of pictures. If you are new or were absent, a new form was sent home this week.

Inclement Weather

If for some reason we need to cancel school due to snow or ice, you will receive a connect ed phone call. We may also call for a 2 hr delay. This means your child will catch the bus 2 hrs later than the normal time. If you are watching the television, we will be listed as Franklin Township Community Schools.

****Starting 2nd semester, The Adams Apple will no longer be sent home. It will just be posted on our website.****

Starting 2nd semester, mid terms will only be available through Infinite Campus.

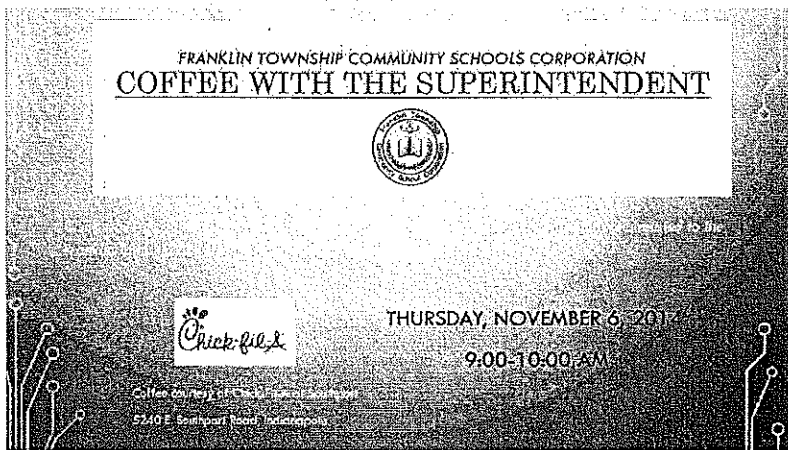
Please contact ichelp@ftcsc.k12.in.us, if you need an account set up.

Buffalo Wild Wings Fundraiser

Join us at the Buffalo Wild Wings on County Line Road on Wednesday, November 5 for a Dining for Bucks evening!

Second Grade Book Parade

Our second graders will be participating in a Book Parade on Friday, Nov. 7 at 9:00 a.m. Parents are welcome to come to Adams to watch this parade.



Fall Fundraiser

Thank you to all students, parents and staff who participated in this years Fall Fundraiser! Your support is greatly appreciated, and the proceeds fund field trips for our students.

Congratulations to Priscilla Underwood for receiving the Money Day prize for sending in her order, picking up her order and sending in her order, picking up her order and sending in her money on time. She won her very own delicious Cake Boss cake.

Ms. Killion's Kindergarten class was the winner of the classroom challenge. Her classroom reached the most states with On-Line sales and they received a GIANT bag of popcorn and Ms. Killion received a \$25 Target gift card.

If you have not turned in your money for fall fundraiser items that you have received, please do so as soon as possible. Your child will not receive his or her prizes for participation until money has been received.

Thanks again for your participation!

The winners of the Super Hero door decorating contest were:
 Kindergarten-Mrs. Messerschmidt
 First Grade-Mrs. Lambrecht
 Second Grade-Mrs. Hardcastle
 Third Grade-Ms. Ormes
 Fourth Grade-Mrs. Shuck
 Fifth Grade-Mrs. Dearing
 And Mrs. Baron

Congratulations to Ms. West for earning funding from Donors Choose.org for a classroom project called "Help My Movers and Shakers Move Around During Reading"



WAY TO GO!!!

Please have your students at the bus stop 5 minutes before the pick up time. Please remind them to sit quietly and stay in their seat while riding on the bus.

BOXTOPS FOR EDUCATION

Great job collecting Boxtops for Education. Adams collected 6,187 boxtops so far this year. Those = \$618.70 that will be given to Adams Elementary. I would like to challenge you to beat that total by Christmas break. New collection sheets have been sent home. The sheet does not have to be completely filled out by Christmas break. Just go ahead and send in what you have collected to that point. You can also go on www.btf.com to earn additional boxtop bonuses for our school.

Remember to check the date on the boxtops so that they are not expired. Also, do not put bonus coupons on the collection sheet. Please send them in separately.

Congratulations to our classroom winners for the first contest.

1st Place-Mrs. Frost 1st grade-423 boxtops
 2nd Place-Ms. Watt 4th grade-396 boxtops
 3rd Place-Ms. Killion Kindergarten-387 boxtops
 Food service won the staff category with 176 boxtops.



Nurse Notes

Vision Referrals:

Notices have been sent home to all student's who did not pass the vision screening last month. If you have not received a notice, you can assume your child passed the screening. Many of you chose to have your child's vision follow up with a vision professional during fall break, and I thank you for the returned post visit summaries. I am seeing many smiling faces in new glasses! If you have any questions about the testing or returning information after completion by seeing a vision professional, please phone the clinic at 860-4289.

Immunization Deadline:

I am very happy to report that no student needed exclusion at Adam's Elementary because our parents ROCK! Thank you so much for complying with our deadline and following up with the state guidelines for immunization.

Influenza Update:

Flu season is upon us and will continue into spring. Peak season is sometimes as late as February. The influenza symptoms are fever, aches, sore throat, cough, headache, fatigue, and sometimes vomiting/diarrhea. It is the perfect time to get a flu shot for yourself and your child. Marion County Health Department has flu shots and flu mist available for \$10, but they recommend that you call prior to confirm availability. The south district office is located at 505 E National Ave, phone number 221-2122. Influenza can be a mild illness for most healthy individuals, but people with health conditions are at increased risk of complications. The quick guidelines are to keep your kids home until they have been fever free for 24 hrs prior to return or vomiting/diarrhea free for 24 hrs prior to return. We recognize a fever as a temp over 100 degrees. So, thank you for following our guidelines and keeping your kids home when they are ill. This protects our kids at school who have conditions that could lead to complications from an illness such as influenza, and this will help your child fully recover and be less likely to have complications themselves. Keep encouraging them to wash their hands. It is the easiest and most effective way to avoid illness.

Natalie Davis, RN
School Nurse
Adams Elementary
7341 E Stop 11 Rd
Indianapolis, IN 46259
Ph: 317-860-4289
Fax: 317-862-7255



Don't forget to like Adams Elementary on Facebook. Stay updated on the latest happenings at Adams!

Adams Elementary PTS Presents

2014 CRAFT & VENDOR FAIR

FREE ADMISSION + OVER 25 VENDORS
RAFFLE PRIZES + FACE PAINTING +
CONCESSIONS



8AM - NOON

7341 E STOP 11 RD

SATURDAY NOVEMBER 8TH



Counselor Corner

Dear Parent/Guardian:

Your child has been receiving a bullying prevention curriculum through the *Step Up For Kindness!* Program developed by the Social Health Organization of Indiana in response to Indiana House Bill 1423, which requires schools to provide prevention and intervention on bullying behaviors in schools.

Step Up for Kindness! is a customized version of the evidence based Bully Prevention Curriculum developed by educator, Dr. Allan L. Beane. The components of the program include 4 grade-level specific sessions per student per year, resources for parents/guardians, staff and free online resources for the community.

This program focuses on building empathy in students, helping students who are bullied cope with their feelings, helping bullies change behavior, and empowering bystanders to intervene.

What is bullying?

Bullying is defined as aggression between two or more people. It is behavior that is intentional, intended to harm, and **repeated**. Bullying can take many forms, including physical violence, verbal abuse, cyber bullying, and social ostracism.

What is the impact of bullying?

The long and short-term effect of bullying on students has been well-researched and documented. The following data shows the importance of prevention:

- Bullies are 400% more likely to have a criminal record as adults.
- Bullying victims are 32 times more likely than peers to experience depression and 13 times more likely to attempt suicide.
- Approximately 160,000 students skip schools each day because of bullying.

How do I know if my child is being bullied?

Creating and maintaining an open line of communication with children is the best way to assure that they will communicate with you when they are in trouble. In the case of bullying, they may be hesitant to share this information for fear of retaliation from the bully, or embarrassment. There are warning signs to look for that can help you begin a dialogue with your children.

- Loses interest in school
- Suddenly prefers adult company
- Frequent illness, nightmares, or insomnia
- Comes home with unexplained injuries or damage to property
- Behavior changes like anxiousness or being withdrawn
- Starts behaving more aggressively
- Talks about running away
- Has few friends or is rarely invited out with friends

What can I do to help my child?

The legislation and data shows that educating and reporting are important components of an effective prevention program. If you become aware of your child being bullied, here are some tips for handling this difficult situation:

- Acknowledge what your child may be feeling; including shame, fear, embarrassment or anger.
- Encourage your child to be assertive; include role plays for difficult situations
- Help your child look for potential solutions.
- Watch your child for ongoing signs of distress or continued bullying
- If the bullying is happening at school, report potential bullying to school administration

Bullying Resources for Parents

Websites:

<https://www.bullyfree.com/free-resources/tips-for-parents>

Program information most closely related to *Step Up for Kindness*, statistics, discussion guides and resources for assertiveness training

<http://www.stopbullying.gov/>

Information for parents, children and educators on bullying prevention and intervention

<http://www.opheliaproject.org/>

Discussion guides and resources with specific attention to relational aggression and cyber bullying

<http://www.doe.in.gov/student-services/bullying-prevention-intervention-indiana>

Indiana specific information regarding laws, guidelines and school-based programs

<http://www.kidsmart.org.uk/>

Elementary aged cyber-safety materials

Books:

Elementary:

The Juice Box Bully: Empowering Kids to Stand Up for Others by Bob Sornson, Maria Dismundy and Kim Shaw

Stand Up For Yourself and Your Friends: Dealing with Bullies and Bossiness and Finding a Better Way by Patti Kelley Criswell and Angela Martini

My Secret Bully by Trudy Ludwig and Abigail Marble

Middle:

Bullying Hurts: Teaching Kindness Through Read Alouds and Guided Conversations by Lester L. Laminack and Reba Wadsworth

Stick Up For Yourself: Every Kid's Guide to Personal Power & Positive Self-Esteem (Revised & Updated Edition)

Odd Girl Out: The Hidden Culture of Aggression in Girls by Rachel Simmons

The Bullying Workbook for Teens: Activities to Help You Deal with Social Aggression and Cyber Bullying by Rachelle Cassada Lohmann MS LPC, Julia V. Taylor MA and Haley Kilpatrick

Apps

STOPiT

Designed in two versions for schools or individuals to identify, report and stop cyber bullying

Know Bullying

Warning signs, conversation starters, and grade level specific tips for parents and caregivers

Halt-Social Monitor

Allows adults to monitor posts for children's social media account. Includes access to Facebook, Twitter and Instagram